

The Kind Minder

November 2017

a monthly guide to purposeful giving from the creator of the @fabfortykindnesschallenge on Instagram

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 National Author's Day: Write to your favorite author and/or leave a positive book review.	2 Purchase a gratitude journal. If you already have one, purchase one for a friend.	3 National Sandwich Day: Buy lunch for a friend or treat the table next to you.	4 Organize a party to create care packages for Veterans.
5 Treat your family to doughnuts for National Doughnut Day.	6 Give back to charity. Shop at smile.amazon.com.	7 Make a list of charitable causes that are important to you.	8 Parents as Teachers Day: Teach your child something new.	9 Make a gratitude wall/board in your home.	10 Leave some drinks and snacks on your porch for delivery people.	11 Deliver care packages to a VA hospital.
12 With your family, make a list of easy ways to be kind to one another.	13 World Kindness Day: Get caught being kind.	14 Contact local non-profits that support the causes you care about.	15 Keep non-perishable snacks in your car for the homeless.	16 Set a gratitude alarm to go off several times throughout the day.	17 Learn more about local organizations that help the homeless/hungry.	18 Visit a nursing home and read books to the residents.
19 Spend time with your kids doing something they enjoy.	20 Make Thanksgiving placemats for a local rescue mission	21 Ask a friend to join you in Giving Tuesday.	22 Tie One On Day: Give a baked good and a note of encouragement.	23 What Thanksgiving traditional are you grateful for?	24 RAK Friday: Practice Conscious Kindness	25 Small Business Saturday: Shop local.
26 Read a book together as a family.	27 Make Holiday cards for Hospitalized Kids.	28 Giving Tuesday: Volunteer or donate to a favorite cause.	29 Pack a shoebox for Operation Christmas Child.	30 Make a gratitude rock.		

MONTHLY INTENTION: GRATITUDE

This Month's Quote:

It is not joy that makes us grateful; it is gratitude that makes us joyful.

National Day/Month Celebrations

National Gratitude Month
National Literacy Month
November 11 Veteran's Day
November 13 World Kindness Day

November 22 Tie One On Day
November 23 Thanksgiving
November 24 RAK Friday
November 25 Small Business Saturday
November 28 National Day of Giving